

ADDRESS TO READERS

Dear readers!

We present to you a selection of current research materials in the fields of medicine and public health, carefully chosen by our editorial board for the latest issue of the scientific journal Vestnik NovSU, Series: Medical Sciences.

The geographical diversity of our authors continues to grow. This issue features unique submissions from researchers based in Chelyabinsk, Surgut, Perm, Donetsk, Moscow, Pyatigorsk, Pskov, Izhevsk, Arkhangelsk, and Astana. Scholars from Yaroslav-the-Wise Novgorod State University have presented the results of their studies, representing both experienced research teams and early-career scientists – highlighting the integration of knowledge and experience to ensure the continuity of progress in medical science. For example, in the article “Age-related changes in blood renin levels in healthy individuals and patients with arterial hypertension” by postgraduate students V. A. Pavlova, A. A. Pavlova, and M. M. Mamontova, under the supervision of academician V. R. Veber, the authors identified a significant age-related increase in renin levels in patients with arterial hypertension. These findings represent preliminary results of dissertation research by early-career scientists, reflecting the university’s commitment to the continuity of academic mentorship and its broader strategy for training highly qualified researchers. The university continues to move forward in this direction, refining its development tools. As part of its response to the pressing need for highly trained professionals – candidates and doctors of medical sciences – Novgorod University has established Dissertation Council 99.2.145.02, specializing in internal medicine (specialty 3.1.18). With the growing demand for higher standards in the training of healthcare professionals comes the important task of coordinating the work of Vestnik NovSU’s editorial board with that of the Dissertation Council to ensure the high quality of publications by degree candidates. In response to this need, a new journal section titled “Internal Medicine” has been launched, where clinical medicine research results will be published. We are pleased to share the work of doctoral candidates, PhD students, and researchers in the medical sciences, and we invite submissions to this new section of Vestnik NovSU. Publishing in journals included in the Russian Higher Attestation Commission (VAK) list is a necessary step for successful thesis defense and professional recognition within the academic community.

This issue marks the first release in the medical series for 2025 and is noteworthy for upholding tradition while advancing the editorial process. We continue to publish scientific articles that reflect the results of high-priority research conducted by medical scientists and practicing clinicians. By increasing the visibility of these studies, we invite open dialogue among professionals. As you know, each research article is assigned

a DOI – an essential element of modern scientific communication that facilitates the discoverability, accessibility, and citation of published work through article metadata. The editorial board of the journal supports the principles outlined in the Declaration on Publication Ethics, adopted by the Association of Science Editors and Publishers (<https://rassep.ru>), based on the recommendations of the Committee on Publication Ethics (COPE). We endorse the view that authors should adhere to accepted standards of academic integrity when preparing and submitting research. The editorial team is currently preparing a new set of improvements related to how article and author data are presented, in line with international publishing standards. These updates will be implemented in the journal starting in 2026.

Submission guidelines and manuscript formatting requirements are available on the official website of Yaroslav-the-Wise Novgorod State University, in the section dedicated to the theoretical and applied scientific journal “Vestnik NovSU”. We wish our authors and readers continued success in their scientific endeavors and look forward to receiving your submissions at the journal’s email address vestnik@novsu.ru.

Deputy Editor-in-Chief
of the scientific journal “Vestnik NovSU”,
Doctor of Economics, Associate Professor

Oxana A. Fikhtner